



Let's Work Together To Kick Out COVID!

To help us keep CMA safe, please follow the rules below:

1. Drop off your child when possible to limit contact in lobby.
2. Only use seating in designated areas marked 6 feet apart for social distancing or use our outdoor seating. Please ensure that there is only one family per row of seats.
3. Do not send your child to class with a cough or fever.
4. All students and guests (3 and older) must wear a mask in the facility.
5. Arrive no earlier than 5 minutes before class and exit promptly after class to limit contact and allow staff to clean our facilities.
6. Bring or purchase water as our water fountains will be out of service in compliance with state COVID guidelines.
7. Wash or sanitize hands before and after class.
8. Consider wearing martial arts mat shoes for training.



What are we doing to keep you safe?

How we are working to keep our students safe:

1. Limiting occupancy to 50% capacity.
2. Scheduling cleaning breaks in between each class, during which our staff will mop the mats and disinfect all surfaces including seating, counters, door handles, restrooms, and equipment.
3. Leaving 15 minute gaps between classes to limit contact from classes coming and going.
4. Encouraging drop off of students and providing properly distanced seating indoors and outdoors for parents who wish to stay.
5. Requiring the use of a mask anyone in the facility over the age of 2.
6. Requiring all staff members to wear masks.
7. Providing in-studio and online classes for our students.
8. Providing hand sanitizing stations at each of the entrances to the floor.
9. Sending weekly newsletters to our families with any updates.
10. Properly training all staff members in safety procedures.
11. Keeping students in class separated by at least 6 feet.